

LB4C: Legacy Builders for Change

About LB4C

Our Mission: Legacy. To inspire, educate, and empower people to build a legacy for lasting generational change in both their communities and around the world.

Our Programs: Education, Healthcare, Social Enterprise

Our Community: Tomas Borge is located just outside of Leon, Nicaragua. Tomas Borge was once one of the largest dump sites in Nicaragua. Several years ago the government shut down the dump and turned the land over to the squatters who called the area home. There are approximately 6,000 families living in this area. Like many impoverished areas many in this community lack the basic resources to rise above their circumstances.

Why Bring a Team?

Relationships: At the core of everything is relationships. Team journeys are about people not projects. Your team will get to be a part of some amazing relationships. Some relationships may last a short time but the impact will be felt for a lifetime. Some relationships made will last a lifetime and will have endless ripples in your life and the lives of others.

Serve: Each team will be allowed to design a Team Journey specific to the passions of their Team. Your team will have the opportunity to serve in many ways. Our Staff can assist you in putting together a project plan specific to your passions.

Multicultural Experience: Nicaragua and the city of Leon are steeped in traditions and deep Central American culture. Leon is especially proud of the arts. Leon is home to the oldest Catholic cathedral in Central America and has a rich history of poets, agriculture, and tradition. There is much to be learned about the history and traditions of Leon, Nicaragua.

Learn: Participating in a Team Journey where you can learn about the history and customs of a culturally rich country like Nicaragua, serve others, and forge new relationships with people from another culture an invaluable learning experience. Not only will team members learn a great deal about these things mentioned but they will also learn a great deal about themselves personally in the process.

Quick Info:

Team Coordinator: Susi Taylor
sstaylor.hhs@catoosa.k12.ga.us

Cost: \$60 per person per day
baseline

Deposit: \$400 due at time of
booking



Scheduling Your Stay

Ground Costs: \$60 per person per day for basic fare which includes the following:

Lodging

Our team house is located on the Open Heavens Property behind the Katie Beth Carter Memorial Institute

We have 4 dormitory style rooms with bunk beds. Each room holds up to 12 guests. Males and females are separated and have their own bathroom.



Food

Groceries will be provided for your team which includes 3 meals per person per day. Your team will be responsible for preparing and cooking the meals in our kitchen.

For teams which desire meals prepared for them by our hospitality staff the ground costs are \$75 per person per day.

Water

Purified water is available at all times on the property

Insurance

Trip medical insurance is included as long as treatment begins in Nicaragua.

Transportation

Transportation to and from the airport in Managua (approx. 2 hours) will be provided in a clean, air-conditioned bus.

Once on the property, base team costs include transportation on our trucks which are equipped with benches.

If teams desire to rent a van for the duration of your stay prices are available upon request

Internet

Our school and team house do have limited internet capability in times of need. We do encourage, however, that guests use their time here to unplug from society and enjoy their time without distractions.

Translators

Ground costs include 1 translator for every 4 team members. Our translators are very talented and have great personalities. They are also very professional, but do not mind getting dirty with your team.



Projects

Our first priority is building community! While we are happy to tailor projects to your goals, we definitely encourage teams to spend some time visiting the community and sharing stories. This is often one of the most meaningful parts of a trip.

We would love to determine a project or activity that best suits your teams skills , funds, and passions. We can also divide your team if you have varied passions within your group. Examples of projects include: construction, painting, maintenance, dental, medical, agriculture, teaching, special needs, sewing, discipleship, etc. Please contact us for more project ideas.



Project Costs: Because projects are varied and tailored to individual teams the costs can vary dramatically. Once we have determined your project goals we will work with you to determine approximate costs and your team can begin fundraising this money.



Additional Expenses

Airline Tickets: Airfare is not included in ground costs. There are 2 ways teams can handle this. One is to purchase you tickets individually. Be sure all team members are on the same flight and can all be picked up at the same time on arrival. The second is to use a travel agent and block off tickets for your team. Using this method you would need team members pay you a deposit of \$200 to reserve their spot. The best way to do this is to make a deadline to sign up and pay the deposit before you have to confirm the contract of the travel agent. This way you will not have to pay a penalty if someone drops out or if you don't use all the tickets. We recommend Travel Experts. The contact is Cindy Wilson. Her email is cindywilson@travelexperts.com. She is very nice and easy to use. All you have to do is send her an email and give her your dates, ports of departure, and number of team members, and she will email you prices, when everything is due, and when you have to give a final team number without penalty. You will pay for your tickets directly through Travel Experts (or your own booking agent). Please also verify your baggage allowance as this can vary greatly among the various airlines. Most airlines it is cheaper to purchase bags when booking the flight.

Tourist Visa: Upon entry into Nicaragua each team member is required to pay a \$10 tourist visa fee. We recommend that all team members have this money in cash on their person upon landing.

Special Outings/Sight-seeing: Nicaragua is rich in culture and diversity. There are numerous activities and day trips that your team can participate in. Some examples include visiting the beach, hiking active volcanoes, touring downtown Leon, visiting artisan markets, and touring coffee plantations. These activities vary in price depending on season and group size. Please contact us for more information if your team desires to participate in additional outings.



Additional Important Information

Passports: Your passport must be valid for 6 months or more from your return flight to the United States

Money: The Nicaraguan currency is the Cordoba which typically equals about 33:1 US dollar. You can exchange money, however, most shops and restaurants will accept the US dollar. Not all shops and restaurants will accept credit/debit cards so it is wise to bring cash. Please try to bring \$20 bills or smaller. You will not need large amounts of cash but feel free to bring some for souvenirs and snacks.

Liability Waivers: Each team member is required to individually complete our liability waiver (available online). For those under age 18 it must be signed by a parent/guardian.

Vaccinations: We recommend Hepatitis A and updated Tetanus vaccines in addition to routine vaccinations. More information can be found at cdc.gov/travel



Packing List

Essentials

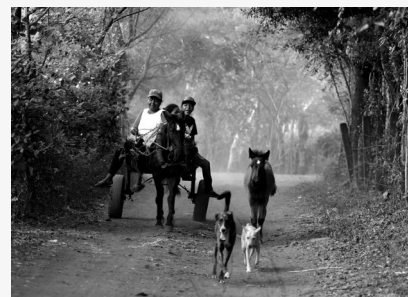
- 1) Passport
- 2) Medical release form
- 3) Liability waiver
- 4) Daily medications

Clothing

- 1) Long pants/jeans
- 2) Polo shirts
- 3) T-shirts (tank tops should cover the shoulders)
- 4) Shorts (knee length)
- 5) Underwear/socks
- 6) Rain jacket
- 7) Swimsuit and towel
- 8) Sleep clothing
- 9) Sweatshirt or light-weight jacket (primarily for the airport and bus)

Weather

Expect the weather to be hot year round. Highs are typically in the 90s during the day with lows at night in the 70s. There are two typical seasons: rainy which lasts from the end of April until the beginning of November and dry the rest of the year. September and October are typically the wettest months and can have daily rain. The dry season is often very dusty so expect to get dirty.



Shoes

- 1) Flip flops
- 2) Tennis shoes
- 3) Nice sandals

Extras

- 1) Journal
- 2) Book
- 3) Sunglasses
- 4) Back pack/daypack
- 5) Camera
- 6) Pens
- 7) Flashlight
- 8) Insect repellent
- 9) Sunscreen
- 10) Hat
- 11) Water bottle
- 12) Toiletries

Team Checklist

1. Ground cost Deposit (due at time of booking)
2. Airline tickets
3. Ground Cost payment (due 1 month before trip)
4. Medical release forms
5. Liability waivers
6. Minor Release forms
7. Team Covenant

